

# Sex and Relationships Education Policy

Ysgol Llanbedrog



*Approval Date:*

*Review Date:*

Signed on behalf of the Chair of Governors: \_\_\_\_\_

Date: \_\_\_\_\_

## 1. Introduction on Policy

Ysgol Llanbedrog aims to plan and deliver a comprehensive Sex and Relationships Education programme, which promotes spiritual, moral, cultural, emotional and physical development of every pupil in order to equip them for the opportunities, responsibilities and challenges as adults.

We recognise that we live in a diverse society and that our pupils come from a variety of family backgrounds. Our Sex and Relationships Policy aims to be sensitive and respect differences by enabling pupils to understand the importance of a loving, stable and safe environment for family life.

The schools' Governing Body has agreed that Sex and Relationships Education will be delivered in the Foundation Phase and develop throughout Key Stage 2. One member of the Governing Body will be responsible for Sex and Relationships Education. The school's Sex and Relationships Education programme has been planned and is delivered in accordance with:

- Sex and Relationships Education in Schools Guidance 019/2010 (Welsh Government, 2010)
- Personal and Social Education Framework (Welsh Government, 2008)
- Science in the National Curriculum for Wales (Welsh Government, 2008)
- Teaching Framework Children 3 to 7 year old in Wales (Welsh Government, 2008)

### Consideration will be given to:

- All Wales Child Protection Guidance (Welsh Government, 2008)
- Respecting Others, Anti Bullying Guidance (Welsh Government, 20011)
- Equality Act 2010

### Links to other school Policies:

- Personal and Social Education Policy
- Anti-Bullying Policy
- Behaviour Policy
- School Equality Plan

### Consultation Process:

We consult with parents through educational/curricular evenings on Sex and Relationships Education on occasions in order to enable parents to be aware of schemes of work.

## 2. Aims

Our school aims to plan and deliver a comprehensive Sex and Relationships Education which provides opportunities for pupils to develop skills and knowledge appropriate for their age, maturity and development. Our pupils will be taught and supported to sustain their emotional and physical health and wellbeing, maintaining their development and to safeguard themselves. The aims of Sex and Relationships Education are to:

- teach about the life cycle
- maintain pupils' safety by assisting them to recognise and respond to unacceptable behaviour by adults and other children
- differentiate between appropriate and inappropriate touching
- understand the importance of personal safety
- understand the importance of personal hygiene
- be aware and respect other people's needs
- recognise similar characteristics and differences among themselves and others
- take increasing responsibility for keeping the mind and body safe and healthy
- understand reasons for the physical and emotional changes which take place at puberty, to include conception, pregnancy and birth
- value families and friends as a source of mutual support
- value cultural diversity and recognise the importance of equality of opportunity
- be aware of names, positions, functions and relative sizes of a human's main organs

### 3. Presenting the Sex and Relationships Education programme

Sex and Relationships Education is taught within a framework of values which will not be affected by the personal beliefs or attitudes of the teachers. We will ensure that the appropriate vocabulary and terminology is used consistently by all teachers and any visitors who contribute to this programme.

- 3.1 In the Foundation Phase Sex and Relationships Education is presented in the curriculum through Personal and Social Development, Well Being and Cultural Differences and Knowledge and Understanding of the World.
- 3.2 Sex and Relationships Education forms part of the Personal and Social Education provision with aspects of Science and Religious Education contributing to specific aspects in Key Stage 2.

The Sex and Relationships Education co-ordinator is responsible for co-ordinating the school's Sex and Relationships Education in addition to supporting teachers in this area.

- Class teachers are usually responsible for presenting these lessons
- Sex and Relationships Education is taught to the class as a whole. If it deemed necessary, a follow on lesson for girls or boys may occur.

- 3.3 The lessons are presented via:
  - Circle Time sessions
  - Specific subjects within the National Curriculum
  - Cross curricular subjects
  - Informal opportunities
  - Other

- 3.4 Resources used
  - Growing Up floor mat and supporting, relevant resources
  - Male and female dolls in the Foundation Phase
  - Growing Up electronic, interactive resources for years 5 a 6
  - Sense DVD Growing Up and Keeping Safe for years 3, 4, 5 a 6
  - Others

### 4. Management and Organisation Sex and Relationships Education

4.1 The Board of Governors will monitor the implementation of this policy and will review it every two years or more often if issues are raised by pupils, staff, parents and or national/county guidance.

- 4.2 The Headteacher is responsible for:
  - ensuring the implementation of this policy and providing a written statement to the Governing Body as part of its annual report to parents.
  - ensuring that the results of staff, parent and pupil evaluations contribute towards the school's self evaluation process and to the policy's review.
  - ensuring that staff receive appropriate training in order that they can present this subject effectively.
  - ensuring the sharing of whole school, good practice by arranging lesson observation and discussion within staff meetings to contribute towards the school's self evaluation process
  - considering pupil inclusion so that absent pupils do not miss important aspects of this work
  - informing parents if their child is absent from Sex and Relationships Education and encouraging them to give the information to the child themselves.

- 4.3 The Personal and Social Education Co-Ordinator is responsible for:
  - ensuring that every member of staff is aware of the content of this policy by



- ensuring a whole school education programme which is presented at the start of the Autumn term
- discussing with Science and Religious Education subjects leaders to ensure that the statutory requirements are met
- monitoring and evaluating the teaching programme and the resources used
- consulting with pupils about the teaching programme and the resources used
- responding to the training needs of staff who present this programme
- co-ordinating the contribution of visitors who support the Sex and Relationships Education programme
- ensuring that teachers will teach Sex and Relationships Education to year 6 before the end of the Summer term as this could be too late for some pupils as they might have already started puberty

4.4 The school will give pupils the opportunity to evaluate the Sex and Relationships Education and the teaching strategies at the end of the programme by:

- arranging for year 5 a 6 pupils to access to the *Growing Up* evaluation questionnaire - available from Moodle Cynnal
- giving them the opportunity to evaluate teaching strategies and resources used

The Sex and Relationships Education programme is planned within the attached curriculum map:

#### 5. Parents' rights to withdraw their children from Sex and Relationships Education:

Parents have the right to withdraw their children from aspects of the Sex and Relationships Education which are not part of the National Curriculum. If parents wish to do so they must inform the school of this decision in writing.

If parents decide to withdraw their children from parts or all of the Sex and Relationships Education we will inform them of the need to consider how else their children can access this important information. If a parent /carer is concerned about the lesson content, he/she is welcome to come to the school to discuss further with the Headteacher/School Co- Ordinator.

Parents will be informed when Sex and Relationships Education is being presented via an informative leaflet (available from the *Growing Up* resource) or via the school website. The reason for this is to encourage discussion at home. This arrangement is noted in the school handbook/website.

#### 6. Procedures for visitors and other agencies who contribute to Sex and Relationships Education:

- the school will ensure that visitors who contribute to the programme of lessons are familiar with the contents of this policy and agree to implement it
- Teachers will discuss the visitor's contribution prior to the lessons in order to ensure the appropriateness of content and adherence to the school policy.

#### 7. Confidentiality

Teachers cannot guarantee confidentiality. If a member of staff hears/sees anything suspicious which could suggest a pupil is in danger of harming or being harmed, he/she must inform the school's designated Safeguarding person.

If pupils ask questions which are beyond the guidelines of the Sex and Relationships curriculum, teachers will acknowledge the question, make brief comment if appropriate and suggest to the pupils that they discuss the matter further at home.

Teachers will discuss confidentiality with the pupils and ensure they are aware of the parameters:

- establish class rules/agreements in order to set clear guidelines about divulging personal information and respecting the feelings of others. ( An exemplar class agreement is available in the *Growing Up* resource )



- Older pupils are asked not to discuss lesson content with the younger pupils.
- If questions of a personal nature are asked, pupils will be encouraged to discuss such questions with parents/carers..
- Pupils will be encouraged to discuss the lesson content with their parents/carers.

#### 8. Answering questions:

- Teachers will endeavour to answer general questions honestly whilst giving due consideration to the age and maturity of the pupils.
- Teachers will encourage pupils to put anonymous questions in the question box, thus giving teachers time to prepare answers prior to the next lesson.
- If a teacher cannot or will not answer sensitive questions, the pupil will be encouraged to discuss the question with parents/carers.
- **Ensuring pupils know whom to approach for further advice/support.**

#### 9. Primary Secondary Contact

We will inform the Sex and Relationships Education/Personal and Social Education Co-Ordinator in the catchment Secondary School of the primary Sex and Relationships Education content to ensure continuity of course content in the secondary setting.

#### 10. Resources used:

- Floor mat and relevant supporting resources
- Growing Up resource
- Sense CD 'Growing Up and Keeping Safe'